

SKIN TYPE QUIZ

# Test Your Skin Type

**1 What color is your unprotected skin?**

- 1 Reddish
- 2 Whitish
- 3 Beige
- 4 Brown

**2 Do you have freckles?**

- 1 Yes, many
- 2 Yes, some
- 3 Yes, a few
- 4 No

**3 How does your facial skin react to the sun?**

- 1 Very sensitive
- 2 Sensitive
- 3 Normal
- 4 Insensitive

**4 How long can you sunbathe in the summer without sunscreen and without getting sunburned?**

- 1 Less than 15 minutes
- 2 15 to 25 minutes
- 3 25 to 40 minutes
- 4 40 minutes

**5 How does your skin react to prolonged sun exposure?**

- 1 Always with sunburn
- 2 Mostly with sunburn
- 3 Often with sunburn
- 4 Rarely or never with sunburn

**6 How does your skin react to sunburn?**

- 1 Pain, blistering and peeling skin
- 2 Mostly with pain and peeling skin
- 3 Weak reaction, sometimes peeling skin
- 4 Barely noticeable, skin almost never peels

**7 Is there a tanning result visible on your skin right after prolonged sun exposure?**

- 1 Never
- 2 Usually not
- 3 Often
- 4 Usually

**8 What is your natural hair colour?**

- 1 Red to blonde
- 2 Blonde to brown
- 3 Dark blonde to chestnut brown
- 4 Dark brown to black

**9 What is your eye color?**

- 1 Light blue, light grey or light green
- 2 Blue, grey or green
- 3 Grey or brown
- 4 Dark

**10 Does your skin tan after repeated sun exposure?**

- 1 Barely or not at all
- 2 Somewhat
- 3 Clearly and progressively
- 4 Quickly and deeply

CLEAR ALL FIELDS

Click the button below to see which skin type you tend towards. Alternatively, you can add up the points and divide the total by ten to calculate your score.

- 1.0 - 1.5 points: **Type 1** (Celtic Type)
- 1.6 - 2.5 points: **Type 2** (Light-Skinned European)
- 2.6 - 3.5 points: **Type 3** (Dark-Skinned European)
- 3.5 - 4.0 points: **Type 4** (Southern European)

CHECK RESULTS

YOUR SKIN TYPE:



Disclaimer: This skin type quiz is provided as a general guide only, and the results should not be considered a definitive diagnosis of your skin type, which can be influenced by various factors and is best determined by a dermatologist.

In some tables, you might see references to skin types five or six, which correspond to Asian and Black skin types. However, these are not usually included because people with these skin types rarely use sunbeds. The highest type typically included in these tables is type four.